



Resuscitation in the Holy Quran

Ali Dabbagh^{1*}, Samira Rajaei²

¹Anesthesiology Research Center, Shahid Beheshti University of Medical Sciences, Tehran, IR Iran

²School of Allied Medical Sciences, Tehran University of Medical Sciences, Tehran, IR Iran

ARTICLE INFO

Article type:
Letter

Article history:
Received: 01 Sep 2011
Revised: 23 Aug 2011
Accepted: 07 Jul 2011

Keywords:
Quran
Resuscitation
Health

► *Please cite this paper as:*

Dabbagh A, Rajaei S. Resuscitation in the Holy Quran. *Quran Med*, 2012;1 (3): 72-3. DOI: 10.5812/quranmed.7141

One of the most important and primary steps in the process of understanding cardiopulmonary resuscitation (CPR) is the historical steps evolving to the present situation (1-3).

1. The History of Modern Resuscitation

This history is related to a few decades ago in 1966 when consensus standards for resuscitation were announced (2, 4) and appeared in the medical literature. But, the great role of resuscitation has been mentioned in previous texts including the Holy Biblical ones (1, 3-5).

It was in 1768 that the rules related to CPR were introduced and disseminated (4) and in 1889 the invention and introduction of low pressure cuffed endotracheal tubes led to reduced airway injuries (1); while in the mid-20th century, Safar could examine the airway management techniques using a methodological approach (1, 6).

2. Ancient History of Resuscitation

2.1. Islamic Evidence

The Holy Quran which gives a lot of advice to Muslims for their daily life, mentions resuscitation in a few verses.

In the first example Quran says: "... it should be considered as though he had killed all mankind; and that who ever saved it should be regarded as though he had saved all mankind ..." (7). This approach to the resuscitation considers the mankind life much worthy and also, considers resuscitation an invaluable duty.

In another part, the Quran says "Allah sends down water from the sky with which he revives the earth after its death. Surely, in this there is a sign for people who listen" (8). Also, the Quran says "... Allah sends down from heaven with which the earth is revived after its death..." (9). Also, says "... you see the earth humble; then when

* Corresponding author: Ali Dabbagh, Anesthesiology Research Center, Shahid Beheshti University of Medicine, Tehran, Iran. Tel: +98 912 197 2368; Fax: +98 21 2207 4101; E-mail: alidabbagh@yahoo.com

he sends down rain upon it, it quivers and swells..." (10).

It seems from these verses that about 14 centuries before, the Holy Quran has stressed on the value of human resuscitation and has demonstrated a few other examples regarding this issue to declare how resuscitation works, in sensible examples, so the people who read it can understand resuscitation much more clearly. This issue demonstrates how resuscitation efforts done for the mankind can have beneficial effects exactly the same as rain would make the earth "alive".

Acknowledgments

None declared.

Authors' contribution

None declared.

Financial disclosure

Non declared.

Funding/Support

None declared.

References

1. Cooper JA, Cooper JD, Cooper JM. Cardiopulmonary resuscitation: history, current practice, and future direction. *Circulation*. 2006;**114**(25):2839-49.
2. Resuscitation C. Statement by the Ad Hoc Committee on Cardiopulmonary Resuscitation of the Division of Medical Sciences. *National Academy of Sciences-National Research Council JAMA*. 1966;**198**:372-9.
3. Bible H. King James Version. Texas: National Publishing Company. 2000.
4. Safar P, Bircher NG. *Cardiopulmonary cerebral resuscitation: basic and advanced cardiac and trauma life support : an introduction to resuscitation medicine*. Saunders; 1988.
5. Alzaga-Fernandez AG, Varon J. Open-chest cardiopulmonary resuscitation: past, present and future. *Resuscitation*. 2005;**64**(2):149-56.
6. Holm S, Jørgensen E. Ethical issues in cardiopulmonary resuscitation. *Resuscitation*. 2001;**50**(2):135-9.
7. Verse 5, Al-Maeda. *Quran-e-Karim translated by Qarib*. Available from: <http://www.parsquran.com/data/show.php?sura=5&ayat=%DB%B3%DB%B2&user=far&lang=eng&tran=1>
8. Verse 65, An-Nahl. *Quran-e-Karim translated by Qarib*. Available from: <http://www.parsquran.com/data/show.php?sura=16&ayat=%DB%B6%DB%B5&user=far&lang=eng&tran=1>
9. Verse 5, Al-Jathiya. *Quran-e-Karim translated by Qarib*. Available from: <http://www.parsquran.com/data/show.php?sura=45&ayat=5&user=far&lang=eng&tran=1>
10. Verse 39, Fussilat. *Quran-e-Karim translated by Qarib*. Available from: <http://www.parsquran.com/data/show.php?sura=41&ayat=%DB%B3%DB%B9&user=far&lang=eng&tran=1>.